

ALARACT 277/2010

DTG: P 022204Z SEP 10

THIS MESSAGE HAS BEEN SENT BY THE PENTAGON TELECOMMUNICATIONS CENTER
ON BEHALF OF DA WASHINGTON DC//DAMO-CSF//

SUBJECT: HQDA EXORD 313-10 COMPREHENSIVE SOLDIER FITNESS MOBILE
TRAINING TEAM MASTER RESILIENCE TRAINER COURSE - 13-24 SEPTEMBER

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NARR/(U). THIS ALARACT MESSAGE IS RELEASE ON BEHALF OF THE OFFICE OF
THE COMPREHENSIVE SOLDIER FITNESS MASTER RESILIENCE TRAINER PROGRAM
(FY10).//

REFERENCES:

ANNEX V (COMPREHENSIVE SOLDIER FITNESS) TO FRAGO 1 TO THE ARMY
CAMPAIGN PLAN (DRAFT)

HQDA EXORD 010-10 COMPREHENSIVE SOLDIER FITNESS MASTER RESILIENCE
TRAINER PROGRAM (FY10), 090916Z NOV 09

1. (U) SITUATION.

1.A. THIS IS AN EXECUTE ORDER.

1.B. THE COMPREHENSIVE SOLDIER FITNESS DIRECTORATE (DAMO-CSF) WILL
EXECUTE A MOBILE TRAINING TEAM CONDUCTING A MASTER RESILIENCE TRAINER
(MRT) COURSE IN THE USAREUR AOR FROM 13-24 SEP 2010. THIS EXORD
DIRECTS ATTENDANCE FOR THE SEP 2010 MTT MRT COURSE IN ORDER TO
CONTINUE TO MEET THE CSA'S INTENT TO FIELD THE ARMY WITH SPECIALLY
SKILLED AND QUALIFIED MASTER RESILIENCE TRAINERS TO TEACH, COACH, AND
MENTOR RESILIENCE WITHIN THEIR RESPECTIVE UNITS.

2. (U) MISSION. HEADQUARTERS, DEPARTMENT OF THE ARMY (HQDA), DCS G-
3/5/7, COMPREHENSIVE SOLDIER FITNESS DIRECTORATE CONDUCTS THE MTT MRT
COURSE FROM 13-24 SEP 2010 AT THE TOWER INN-USAG GRAFENWOEHR, GERMANY
IN ORDER TO PREPARE ARMY LEADERS TO IMPLEMENT AND SUPPORT THE
COMPREHENSIVE SOLDIER FITNESS PROGRAM.

3. (U) EXECUTION.

3.A. INTENT.

3.A.1. ENDSTATE. THIS EXORD SUPPORTS THE CSF INITIATIVE TO ACCOMPLISH
ITS PHASE 2 (EXECUTE THE CSF ACTION PLANS (SOLDIER, FAMILY, AND ARMY
CIVILIAN)) OBJECTIVES.

3.A.2. KEY TASK. PROVIDE USAREUR WITH MRT QUALIFIED LEADERS.

3.B. CONCEPT OF THE OPERATION. THIS EXECUTION ORDER DIRECTS COMMANDS
TO SUPPORT THE DEVELOPMENT AND EMPLOYMENT OF MRTS. THE FOCUS OF THE
SEP 2010 MTT MRT COURSE IS ON BUILDING USAREUR'S CAPACITY TO IMPLEMENT
THE CSF PROGRAM. COMPLETION OF THESE TASKS SUPPORTS THE CSF INITIATIVE
IN ACCOMPLISHING ITS PHASE 2 (EXECUTE THE CSF ACTION PLANS (SOLDIER,
FAMILY, AND DA CIVILIAN)) OBJECTIVES.

3.C. TASKS TO ARMY COMMANDS (ACOMS), ARMY SERVICE COMPONENT COMMANDS (ASCC), AND DIRECT REPORTING UNITS (DRUS).

3.C.1. ARMY COMMANDS (ACOMS).

3.C.1.A. U.S. ARMY TRAINING AND DOCTRINE COMMAND (TRADOC).

3.C.1.A.1. PROVIDE 2 SOLDIERS TO FACILITATE AT THE MTT MRT COURSE AT THE TOWER INN-USAG GRAFENWOEHR, GERMANY, 13-24 SEP 2010 (DIRLAUTH WITH DAMO-CSF AUTHORIZED FOR IDENTIFICATION OF SELECTED FACILITATORS).

3.C.1.B. U.S. ARMY FORCES COMMAND (FORSCOM).

3.C.1.B.1. PROVIDE 1 SOLDIER TO FACILITATE AT THE MTT MRT COURSE AT THE TOWER INN-USAG GRAFENWOEHR, GERMANY, 13-24 SEP 2010 (DIRLAUTH WITH DAMO-CSF AUTHORIZED FOR IDENTIFICATION OF SELECTED FACILITATOR).

3.C.2. ARMY SERVICE COMPONENT COMMANDS (ASCC).

3.C.2.A. UNITED STATES ARMY PACIFIC COMMAND (USARPAC).

3.C.2.A.1. PROVIDE 1 SOLDIER TO FACILITATE AT THE MTT MRT COURSE AT THE TOWER INN-USAG GRAFENWOEHR, GERMANY, 13-24 SEP 2010 (DIRLAUTH WITH DAMO-CSF AUTHORIZED FOR IDENTIFICATION OF SELECTED FACILITATOR).

3.C.2.B. U.S. ARMY EUROPE (USAREUR).

3.C.2.B.1. PROVIDE 74 SOLDIERS TO ATTEND THE MTT MRT COURSE AT TOWER INN-USAG GRAFENWOEHR, 13-24 SEP 2010.

3.C.2.B.2. PROVIDE 2 SOLDIERS TO FACILITATE AT THE MTT MRT COURSE AT THE TOWER INN-USAG GRAFENWOEHR, GERMANY, 13-24 SEP 2010 (DIRLAUTH WITH DAMO-CSF AUTHORIZED FOR IDENTIFICATION OF SELECTED FACILITATORS).

3.C.3. DIRECT REPORTING UNITS (DRUS).

3.C.3.A. U.S. ARMY MEDICAL COMMAND (MEDCOM). PROVIDE 2 SOLDIERS TO FACILITATE AT THE MTT MRT COURSE AT THE TOWER INN-USAG GRAFENWOEHR, GERMANY, 13-24 SEP 2010 (DIRLAUTH WITH DAMO-CSF AUTHORIZED FOR IDENTIFICATION OF SELECTED FACILITATORS).

3.D. COORDINATING INSTRUCTIONS.

3.D.1. COMMANDERS ARE ENCOURAGED TO SELECT MATURE, RESPONSIBLE NCOS (E6 OR ABOVE), WITH COMBAT EXPERIENCE (PREFERABLY DECORATED) IN THE SAME MANNER THEY WOULD SELECT A UNIT "MASTER GUNNER" TO SERVE AS THEIR BRIGADE LEVEL MRT, AS WELL AS THE SAME TYPE OF NCOS TO SERVE AS MRTS AS AN ADDITIONAL-DUTY AT THE BATTALION LEVEL. OFFICERS (O3-O4) ARE INVITED TO ATTEND, WITH AN EMPHASIS ON DEVELOPING OVERSIGHT AND GOVERNANCE OF A COMMAND'S MRT AND RESILIENCE PROGRAM. MRT SELECTEES ALSO REQUIRE A MINIMUM OF ONE YEAR RETAINABILITY WITHIN THEIR CURRENT UNITS. PARTICIPANTS REQUIRING INVITATIONAL TRAVEL ORDERS (ITO) (DEFINITION OF ITO: JFTR/JTR APPENDIX E) ARE NOT AUTHORIZED TO ATTEND THIS TRAINING.

3.D.2. COMMANDERS WILL ENSURE THAT ALL SERVICE MEMBERS ATTENDING THIS COURSE HAVE A VALID GOVERNMENT TRAVEL CARD IN ORDER TO BE ABLE TO PAY FOR LODGING, TRANSPORTATION AND OTHER INCIDENTALS WHILE AT THE COURSE.

3.D.3. ATTENDEES OF THE MRT COURSE MUST MEET QUALIFICATIONS AS SPECIFIED IN ATRRS. ATRRS SCHOOL CODE 145 (SEE LINK BELOW FOR FURTHER INFORMATION)

[HTTPS://WWW.ATTRS.ARMY.MIL/ATTRSCC/PREREQUISITES.ASPX?FY=2010&SCH=145&CRS=MRT-C+\(UPENN &PHASE=&CLS=013&CLSFLAG=&STARTDATE=2010-09-13&ENDDATE=2010-09-24](https://www.atrrs.army.mil/atrrscc/prerequisites.aspx?FY=2010&SCH=145&CRS=MRT-C+(UPENN &PHASE=&CLS=013&CLSFLAG=&STARTDATE=2010-09-13&ENDDATE=2010-09-24).

3.D.4. OWNING UNITS WILL ENSURE THAT ALL SEP 2010 MTT MRT STUDENTS ARE ENROLLED IN ATTRS PRIOR TO COURSE COMMENCEMENT (SCHOOL CODE 145, CLASS 013). FAILURE TO ENROLL INTO ATTRS WILL PRECLUDE ATTENDANCE IN THE COURSE.

3.D.5. USAREUR G3 CSF PROGRAM MANAGERS PROVIDE STANDARD NAME LINE, SOCIAL SECURITY NUMBER, AND ORGANIZATION OF ASSIGNMENT/UNIT IDENTIFICATION CODE (UIC) FOR THE SOLDIERS, ARMY CIVILIANS, AND PERSONNEL ATTENDING THE MTT MRT COURSE TO DAMO-CSF POCS BELOW NLT 1 SEP 2010.

3.D.6. TRAVEL DAYS. ARRIVE NLT 1700 12SEP2010. DEPART NET 2000 24SEP2010.

3.D.7. ALL STUDENTS WILL TAKE THE GLOBAL ASSESSMENT TOOL (GAT) PRIOR TO DEPARTURE FROM THEIR UNIT. THE GAT IS ACCESSIBLE AT [HTTPS://WWW.SFT.ARMY.MIL](https://www.sft.army.mil). FAILURE TO TAKE THE GAT PRIOR TO CLASS START DATE WILL PRECLUDE STUDENT ENROLLMENT INTO THE COURSE.

3.D.8. ALL STUDENTS MUST TAKE THE VIA SURVEY OF CHARACTER STRENGTHS PRIOR TO ARRIVAL. THE VIA CHARACTER STRENGTHS SURVEY IS LOCATED AT [WWW.AUTHENTICHAPPINESS.SAS.UPENN.EDU/DEFAULT.ASPX](http://www.authentic-happiness.com). STUDENTS ARE ENCOURAGED TO ATTENTIVELY SELECT THE CORRECT SURVEY AT THE AUTHENTIC HAPPINESS WEBSITE AS THERE ARE MULTIPLE SURVEY'S ON THE SITE. STUDENTS ARE REQUIRED TO PRINT AND BRING THE 24-STRENGTH RESULTS SUMMARY WITH THEM.

3.D.9. BREAKFAST WILL BE PROVIDED AT THE TOWER INN AT NO COST TO THE STUDENT. LUNCH AND DINNER MEALS WILL NOT BE PROVIDED TO STUDENTS. REIMBURSEMENT IS AUTHORIZED FOR THE LUNCH AND DINNER MEALS ONLY. LOCAL DEFENSE TRAVEL SYSTEM ADMINISTRATORS WILL ENSURE MRT VOUCHERS ARE IN COMPLIANCE WITH THIS ORDER.

ATTENDEES SHOULD VISIT THE ARMY CSF WEBSITE TO GET ADDITIONAL DETAILS AND INSTRUCTIONS FOR THE MRT COURSE: [HTTP://WWW.ARMY.MIL/CSF/](http://www.army.mil/csf/) OR [HTTP://WWW.ARMY.MIL/CSF/MRT/UPENN/INDEX.HTML](http://www.army.mil/csf/mrt/upenn/index.html)

3.D.10. UNIFORM FOR TRAINING IS: MILITARY PERSONNEL-ACU, CIVILIAN PERSONNEL-APPROPRIATE BUSINESS ATTIRE.

3.D.11. FOR MTT MRT COURSE QUESTIONS PLEASE HAVE YOUR DESIGNATED UNIT POC BELOW CONTACT MS. DANA WHITIS, COMM: 703-602-9001, EMAIL: DANA.WHITIS@US.ARMY.MIL. ONLY INQUIRIES FROM ACOM, ASCC, AND DRU POCS (BELOW) WILL BE ADDRESSED.

3.D.12. POC'S FOR ACOMS, ASCCS AND DRUS ARE AS FOLLOWS:

3.D.12.A. TRADOC: MR. SEAN OATMEYER, TRADOC G-3/5/7 DSN: 680-5609, COMM: 757-788-5609, OR EMAIL: SEAN.OATMEYER@US.ARMY.MIL; OR ANN BRITT TRADOC G-3/5/7 PHONE: 757-788-4375 OR EMAIL: ANN.BRITT@US.ARMY.MIL.

3.D.12.B. FORSCOM: LTC NOEL PACE, FORSCOM SURGEON'S OFFICE, PHONE: 404-464-6823 OR EMAIL NOEL.PACE@CONUS.ARMY.MIL; OR MR. OLLIE JONES,

FORSCOM G-3/5/7 CENTRAL TASKINGS (REGISTRATION QUESTIONS):
OLLIE.JONES@CONUS.ARMY.MIL, PHONE: 404-464-7526; OR MS. LULA (PAT)
THOMPSON, SCHOOLS REQUIREMENT SPECIALIST (FOR ENTRY INTO ATTRS): AT
LULA.B.THOMPSON@US.ARMY.MIL, PHONE: 404-464-7035.
3.D.12.C. USAREUR: FOR ATRRS, MAJ TIMOTHY LEMLEY, USAREUR G3 PLANS,
DSN: 370-4009 OR EMAIL: TIMOTHY.LEMLEY@EUR.ARMY.MIL. ALL OTHERS, MR.
JESSIE MASSEY, DEPUTY CHIEF, MEDICAL PLANS & OPERATIONS OFFICE OF THE
COMMAND SURGEON (OCSURG), DSN: (314) 370-5651,
JESSIE.MASSEY@US.ARMY.MIL.
3.D.12.D. USARPAC: LTC THOMAS BOCCARDI, USARPAC G-3/5/7, PHONE: 808-
438-7400 OR EMAIL THOMAS.BOCCARDI@US.ARMY.MIL; OR MS. CORA HATA,
USARPAC G-3/5/7, PHONE: 808.438.5827, OR EMAIL: CORA.HATA@US.ARMY.MIL.
3.D.12.E. MEDCOM: MR. KENNETH RUSSELL, MEDCOM READINESS AND TRAINING,
DSN: 471-8013, MEDCOM.READINESS@AMEDD.ARMY.MIL.
4. (U) SERVICE SUPPORT.
4.A. FUNDING FOR THE PARTICIPANTS WILL BE PROVIDED THROUGH THE
MILITARY TRAINING SPECIFIC ALLOTMENT (MTSA).
4.B. GRAFENWOEHR COURSE LODGING ARRANGEMENTS CAN BE MADE BY CONTACTING
THE TOWER INN AT DSN 475-1700 OR COMM: (049)09641-930103. OFF POST
LODGING IS AUTHORIZED IF IN RECEIPT OF A CERTIFICATE OF NON-
AVAILABILITY.
5. (U) COMMAND AND SIGNAL.
5.A. COMMAND. NO CHANGE.
5.B. THE HQDA POC FOR THIS EXORD IS LTC JAMES WISE AT COMM: 703-602-
6537, DSN: 332-6540, OR EMAIL: JAMES.WISE2@US.ARMY.MIL. OR, COL GLENN
BACA AT COMM: 703-602-6521, OR EMAIL: GLENN.BACA@US.ARMY.MIL.
5.C. EXPIRATION DATE CANNOT BE DETERMINED.

ACKNOWLEDGE.

GEORGE W. CASEY
GENERAL, UNITED STATES ARMY
CHIEF OF STAFF
OFFICIAL

DANIEL P. BOLGER
LIEUTENANT GENERAL, GS
DEPUTY CHIEF OF STAFF, G-3/5/7

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